



# INTERNATIONAL AYURVEDA CONGRESS 1-2 APRIL 2017 – LONDON

## SECOND INTERNATIONAL AYURVEDA CONGRESS, 1 - 2 April 2017, London

### RESOLUTION

The Second International Ayurveda Congress on 1st and 2nd April 2017 in London, England, was one of the most significant assemblies of Ayurveda experts held to date outside of India, building on the success of the First International Ayurveda Congress, held in Roermond, The Netherlands, in April 2015. This year's Congress was co-organized by the International Maharishi AyurVeda Foundation, the All India Ayurvedic Congress, and the International Academy of Ayurveda, and hosted by Maharishi Foundation, UK.

Padma Bhushan Vaidya Devendra Triguna, President of the All-India Ayurvedic Congress, Dr Subhash Ranade, Chairman of the International Academy of Ayurveda, and Dr Rainer Picha, Chairman of the International Maharishi AyurVeda Foundation, served as the three Congress Presidents. The Congress was presided over by the Patron, Dr Tony Nader, MD, PhD, MARR.

The Congress was honoured with the presence of The Honourable Shri Shripad Naik, Minister of AYUSH, Government of India, along with a high level delegation from the Ministry, including Joint-Secretary Mr Ranjit Kumar.

300 delegates from 55 countries including government officials, leading physicians, researchers, and scholars exchanged research findings, case studies, and in-depth analysis of India's ancient system of natural health care.

For the past 38 years, largely inspired by the outstanding contribution of Maharishi Mahesh Yogi, Ayurveda has gained worldwide recognition as an effective, holistic and prevention-oriented approach to today's problems in the fields of individual and public health.

**The International Maharishi AyurVeda Foundation, the All India Ayurvedic Congress, and the International Academy of Ayurveda together agreed on the following Resolution:**

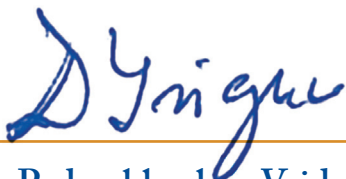
**1** Contact all Ayurveda colleges and universities in India and throughout the world, introducing to them complete and authentic Ayurveda, which is Consciousness-based and supplemented with Maharishi's total knowledge of Ayurveda, including Transcendental Meditation, pulse diagnosis, prevention-oriented healthcare, collective health measures (including group practice of Maharishi's Technologies of Consciousness), and strategies to improve environmental influences through other Vedic disciplines, such as Sthapatya Veda, Jyotish and Yagya, and most importantly truly integrative healthcare; and offer to work together to implement this approach in their syllabus.

**2** Work with, support, and endorse, the Ministry of AYUSH initiative to establish an academic chair in a university of each country – the chair to serve as a focal point for research on Ayurveda, course development, teaching, and practice in the country.

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- 3 Collaborate with the Indian Ministry of AYUSH and Indian Embassies to support the expansion of Ayurveda worldwide by developing a specific programme for each country. This will include identifying the hurdles in spreading Ayurveda outside India and solutions to them, including, for example, overcoming challenges in the areas of export and availability of Ayurveda preparations; encouraging health insurance companies to cover Ayurveda treatments; and supporting research on Ayurveda in each country.
- 4 Recommend to the Ministry of AYUSH, Government of India, to establish an “International Federation of Ayurveda and Yoga”, whose responsibility would be to propagate knowledge and practice of Ayurveda and Yoga throughout the world, with a co-ordinating office in New Delhi, India.
- 5 Create an international accreditation board for Ayurveda to ensure that the standards and the all-encompassing nature of Ayurveda and its many subsidiary disciplines are established and maintained in the areas of education, research, and practice.
- 6 Liaise with the authorities in different countries to generate awareness about Ayurveda, and encourage them to use the principles and practice of Ayurveda for better health and wellbeing of the people of those countries.
- 7 Garner support and co-operation of authorities in different parts of the world for the promotion and practice of Ayurveda.
- 8 Work with local communities in all countries to support the application of Ayurveda principles and practices in the daily life of the people.
- 9 Develop, promote, and present the *Maharishi Mahesh Yogi Dhanvantari Award for Ayurveda* in special recognition of outstanding accomplishment for propagation of Ayurveda and progress towards the creation of a disease-free society. Two such awards will be given at each Congress henceforth, one for an individual from India, the original home of Ayurveda, and one for an individual from the rest of the world.
- 10 In order to continue the tradition and build on the success the First and Second International Ayurveda Congresses, it is resolved to hold the Third International Ayurveda Congress in Brazil, at the kind invitation of the Ministry of Health, starting on 18 April 2018 for five days. The following Congress could be in Dubai in 2019, in recognition of the leading role of the leadership of UAE in supporting the development of integrative health care. The hope is that future Congresses are always co-hosted and co-sponsored by one or more universities and/or government departments of the host country.

Signed by the Congress Presidents:



**Padmabhushan Vaidya**  
**Devendra Triguna**

President, All-India Ayurvedic Congress;  
President, National Academy of Ayurveda,  
Ministry of AYUSH, Government of India



**Prof. Dr Subhash Ranade**  
Chairman, International  
Academy of Ayurveda,  
Pune, India



**Dr Rainer Picha**  
Chairman, International  
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Foundation, Netherlands