

## International Ayurveda Congress 2015

### RESOLUTION

**T**he **International Ayurveda Congress** held on 11 and 12 April 2015 in Roermond, Netherlands, was one of the largest assemblies of Ayurveda experts held to date outside of India. It was hosted by Maharishi European Research University, Netherlands, and co-organized by the International Maharishi AyurVeda Foundation, the All India Ayurvedic Congress, and the International Academy of Ayurveda.

Padma Bhushan Dr. Devendra Triguna, President of the All India Ayurvedic Congress, Dr. Subhash Ranade, Chairman of the International Academy of Ayurveda, and Dr Rainer Picha, Chairman of the International Maharishi AyurVeda Foundation, served as the three Congress Presidents.

Five hundred delegates from 49 countries including leading physicians, researchers, and scholars exchanged research findings, case studies, and in-depth analysis of India's ancient system of natural health care.

The Congress was honoured by the presence of a three-member delegation from the Ministry of AYUSH, Government of India: the Joint-Secretary Mr. Anurag Srivastav; the Advisor to the Ministry, Dr. Manoj Nesar; and Research Officer, Dr. T. Saketh Ram.

For the past three decades, inspired by the outstanding contribution of Maharishi Mahesh Yogi, Ayurveda has gained worldwide recognition as an effective, holistic and prevention-oriented approach to today's problems in the fields of individual and public health.

**The International Maharishi AyurVeda Foundation, the All India Ayurvedic Congress, and the International Academy of Ayurveda together agreed on the following resolution:**

**1** In recognition of the great success of the inaugural International Ayurveda Congress, held in the Netherlands in April 2015, and to continue the tradition and build on the success, it is resolved to hold a further International Ayurveda Congress every one to two years. It is proposed that the next Congress could be convened in Brazil in 2016, in recognition of the support of health leaders from the Government of Brazil. The subsequent Congress could be held in London in 2017. The aim is for these Congresses to be co-hosted and co-sponsored by one or more universities of the host country.

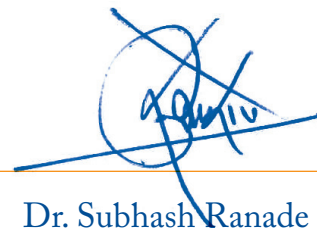
**2** Develop, promote, and present the MAHARISHI MAHESH YOGI DHANVANTARI AWARD FOR AYURVEDA in special recognition of outstanding accomplishment for propagation of AyurVeda and progress towards the creation of a disease-free society. Two such awards will be given at each Congress, one for an individual from India and one for an individual from the rest of the world. The aim is for the award to be accompanied with a financial award.

- 3 Contact all Ayurveda colleges and universities in India and throughout the world, introducing to them Consciousness-based Ayurveda (including meditation – Transcendental Meditation) and offer to work together to implement this approach in their syllabus.
- 4 Collaborate with the Indian Ministry of AYUSH and Indian Embassies to support the expansion of Ayurveda worldwide by developing a specific programme for each country. This will include identifying the hurdles in spreading Ayurveda outside India and solutions to them, including, for example, overcoming challenges in the area of export and availability of Ayurveda preparations; encouraging health insurance companies to cover Ayurveda treatments; and supporting research on Ayurveda in each country.
- 5 Work with, support, and endorse, the Ministry of AYUSH initiative to establish an academic chair in a university of each country – the chair to serve as a focal point for research on Ayurveda, course development, teaching, and practice in the country.
- 6 Liaise with the authorities in different countries to generate awareness about Ayurveda, and encourage them to use the principles and practice of Ayurveda for the better health and wellbeing of the people of those countries.
- 7 Garner support and cooperation of authorities in different parts of the world for the promotion and practice of Ayurveda.
- 8 Develop Ayurveda as a mass movement and mobilize support of local communities in all countries for application of Ayurveda principles and practices, and motivate them to adopt Ayurveda as the science of life.




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All India Ayurvedic Congress  
India



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Dr. Subhash Ranade  
Chairman  
International Academy of Ayurveda  
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