

Pokhara-Muktinath Tour

Trip Overview:

Pokhara-Muktinath trip is a thoughtfully designed trip taking pilgrimage, spiritual, Mountain experience, nature and cultural factors into a sheer consideration. It begins with a short flight to Pokhara, which offers ample opportunity to see towering Himalayan peaks. A guided sightseeing tour in Pokhara enables to explore major attractions and highly revered spiritual sites of Pokhara. The mountain flight to Jomsom from Pokhara is an experience of its own. Climatic condition and landscape of Kagbeni, Muktinath and Jomsom are reminiscent of Tibetan plateau. After having darshan and performing rituals at Muktinath and Kagbeni, we will take jeep ride back to Jomsom for overnight stay.

Trip features

Total Duration:	4 nights/5 days
Max elevation:	3,810m/12,497ft
Tour Grading:	Easy - Moderate
Best season:	March to June & September to December
Tour starts/ends:	Kathmandu
Accommodation:	4 star hotels in Kathmandu & Pokhara and Guesthouse in Jomsom

Trip highlights:

- Muktinath Darshan: A place of salvation for Hindu and Buddhist adherents.
- Guided sightseeing tour to explore major attraction of Pokhara, the city of natural beauty serenity and lakes
- Breathtaking mountain views of high Himalayan peaks including Mt. Dhaulagiri (8,167m), Mt. Nilgiri, Mt. Fishtail and Mt. Annapurna I (8,091m)



Day-to-day outline itinerary:

Day 00: Trip Briefing in Kathmandu

There will be a detailed briefing about Muktinath Yatra and its preparations at your hotel or at your convenience place and time.

Day 01: Fly to Pokhara

Descent 500m, distance 200km, 25 minutes by flights

Fly to Pokhara, check in to the hotel. Boating at Fewa lake to visit Tal Barahi temple. Visit The Vyas Retreat which is under construction by Nepal Maharishi Vedic Foundation. Evening explore around.

Pokhara:

Pokhara is the second popular tourist place in Nepal after Kathmandu, based on number of tourists visiting there. It is the gateway for several trekking destinations likes of Annapurna and Mustang region. Situated at the elevation of 820m from sea level, Pokhara offers great views of the high Himalayan peaks: - Annapurna (8,091m), Dhaulagiri (8,167m) and Manasalu (80163m), Mt. Fishtail(6993m), Mt. Neelgiri (7,061), Lamjung Himal. The Pokhara Valley has unique geography and hence it is famous for deep gorge, underground waterfalls, several lakes and caves. The famous Fewa lake and Barahi temple are added attractions of the Pokhara.

Day 02: Fly to Jomsom and drive to Muktinath

Ascent 3010m, descent 1050m, flight 25 minutes, driving distance 44km return journey, driving duration 3 hours in total

We will fly to Jomsom by the regular morning flight, drive to Ranipauwa and then 30 minute uphill trek to Muktinath temple. Darshan, holy bathe, Puja and meditation at the temple and visit Jwalamai temple. Lunch at Ranipauwa and drive back to Jomsom. On the way, visit Kagbeni, the holy confluence of Kaligandaki and Muktinath rivers. Kagbeni is very famous for performing ablution and Shradha or offering Tarpana to the departed souls. Overnight in a hotel in Jomsom.

Jomsom: Jomsom is the administrative headquarters of Mustang District. It is inhabited by Thakali people, one of the elite indigenous communities of Nepal. It is nestled on the bank of holy Kaligandaki River and surrounded by high Himalayas likes of Dhaulagiri (8,167m), the 7th highest mountain in the world, Nilgiri and Tilicho Peak.

Muktinath: Muktinath is one of the holiest places (Devobhumi) for Hindu and Buddhist adherents. It is revered as a place of salvation by Hindus whereas Buddhists worship this place as one of the sacred sites sanctified by Padmasambhav who visited this place while he was on his way to Tibet in the 8th century

Kagbeni: Kagbeni village is situated at the confluence of two holy rivers, Kaligandaki and Krishna Gandaki. It is one of the sacred sites for Hindus to perform Shradha. The fortified village is inhabited by people belonging to Tibetan heritage.

Day 03: Fly to Pokhara and sightseeing

Descent 1950m and flight 25 minutes

Early in the morning, we will fly to Pokhara and check in to the hotel. In the afternoon, there will be guided sightseeing to explore Seti gorge, Gupteshwor Mahadev Cave and Davis Fall. Evening free time to explore around.

Day 04: Fly to Kathmandu

Early morning cable car ride to Sarangkot for sunrise and panoramic mountain view. Enjoy panoramic views of the Himalayas (Mt. Dhaulagiri (8167m), Mt. Annapurna I (8091m), II, III, IV, Annapurna South (7219m), Mt. Fishtail (6997m), Mt. Neelgiri (7061), and Lamjung Himal. Return back to the hotel for breakfast and then fly back to Kathmandu, check in to the hotel.

Day 05: Trip concludes (Return to home)

Visit Kailash Treks will provide a private vehicle for the airport drop.



Costs: US\$ 1060 per person for the entire trip

INR 75000 per person only for Indian citizens

Single supplementary charge: US\$ 350 / INR 24300

Cost includes:

- All ground transports including airport pickup and transfer by private vehicles
- Private jeep from Jomsom to Muktinath and back.
- Hotel accommodations as per the itinerary.
- Guide sightseeing in Pokhara as per itinerary
- Pure vegetarian meals (Breakfast and dinners) everyday as per itinerary
- Knowledgeable guide to lead the trip and supporting staff
- Pokhara-Jomsom - Pokhara flight and cable car ride to Sarangkot and Kathmandu-Pokhara-Kathmandu flight fare.
- High Altitude related first Aid medical and support
- TIMS and ACAP permits fee for Muktinath

Cost excludes:

- International flight fares and personal insurance
- Personal expenses, e. g. bar bills, bottled drinks and Mineral Water, telephone bills, laundry service etc.



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- Personal clothes and equipment
- Lunch
- Gratitude to the staffs (TIPS) and offering / dakchhina at puja
- Any other costs not mentioned above in cost includes section

